

WEEK # 1

Menu 2019

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Breakfast Menu Items For The Week							
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins				Tea Milk Coffee	1/2 Grapefruit 1/2 Orange Bananas

	25-Feb MONDAY	26-Feb TUESDAY	27-Feb WEDNESDAY	28-Feb THURSDAY	1-Mar FRIDAY	2-Mar SATURDAY	3-Mar SUNDAY
D I N N E R	Vegetable Beef Soup Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower/Cheese Sauce Jello / Whipped Cream	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Nuggets Mashed Potatoes Green Beans Cookies	Rice Soup Shepherds Pie Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Chicken a La King on Toast Fruit Cocktail	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Cabbage Roll Manadrin Orange	* Vegetable Soup Sloppy Joe on 1/2 bun Fresh Fruit Salad	Cream of Broccoli Pancakes Ham Lemon Loaf

Menu may change without notice

HS Snack Menu Voortman Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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