

WEEK # 5

Menu 2020

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	2-Nov MONDAY	3-Nov TUESDAY	4-Nov WEDNESDAY	5-Nov THURSDAY	6-Nov FRIDAY	7-Nov SATURDAY	8-Nov SUNDAY
D I N N E R	Cream of Carrot	Mushroom Soup	Chicken Noodle Soup	Macaroni Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Baked Fish	Pork Chops Fried Onions Apple Sauce	Chicken Nuggets	Smoked Fish onion and cream	pulled pork on a 1/2 bun	Bake Ham
	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed or Boiled Potatoes	Mashed Potato	Scalloped or Mashed Potatoes
	Mixed Vegetable	Carrots	Broccoli	Brussel Sprout	Turnips	Julienne Carrots	Kernel Corn
	Choc Cake	Pears	Tapioca Pudding	Strawberries	Jello whip cream	Mandarin Orange	Lemon Pie
S U P P E R	Cream of Carrot	* Mushroom Soup	* Fish & Lobster Chowder	* Macaroni Soup	* Cream of Chicken	Barley Soup	Bean Soup
	French Toast	Egg Sandwich	Rolls	* Ham Casserole	Hamburger / Bun Greek pasta Salad	Chicken on bone Potato Salad cole slaw	Fish Cakes
	Sausage	4 bean Salad		Banana Bread	Tropical Fruit Salad	Vanilla Pudding	Chow chow
	Tropical Fruit salad	Cottage Pudding	Peaches				Apple Sauce

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Rice Kripie squares	Cheese & crackers	Toast	Pudding or Yogurt