

WEEK # 5

Menu 2017

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	July.3 MONDAY	July.4 TUESDAY	July.5 WEDNESDAY	July.6 THURSDAY	July.7 FRIDAY	July.8 SATURDAY	July.9 SUNDAY
D I N N E R	Cream of Cauliflower	Mushroom Soup	Chicken Noodle Soup	Beef Vegetables Soup	Cream of Chicken	Cream of Broccoli	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Chinese meal	Pork Chops Fried Onions Apple Sauce Mashed Potatoes	Chicken Alferdo Noodles Mashed Potatoes	Salt Fish Pork Scraps	*Hawaiian sausage *	Bake Ham
	Mashed Potatoes	Honey garlic Rib Chicken fried rice S/S Chicken	Broccoli	Brussel Sprout	Mashed /Boiled Potatoes Turnips	Green Beans	Scalloped or Mashed Potatoes
	Mixed Vegetable					Mashed Potatoes	Kernel Corn
	Choc Cake	Pears	Tapioca Pudding	Fresh Fruit Salad	Strawberries	Mandarin Orange	Lemon Pie
S U P P E R	Cream of Cauliflower	* Mushroom Soup	* Fish Chowder	* Beef Vegetables Soup	* Cream of Chicken	* Cream of Broccoli	* Bean Soup
	French Toast	Egg Sandwich	Rolls	* Ham Casserole	Hamburger / Bun Salad	Chicken on bone Potato Salad Cole slaw	Fish Cakes
	Sausage	Salad	Peaches	Banana Bread	Mousse	Vanilla Pudding	Chow chow
	Grapes	Cottage Pudding					Apple Sauce

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Rice Kripie squares	Cheese & crackers	Toast	Pudding or Yogurt